

***Core question:**

How do electronic devices alter the rituals of tasting and experiencing food during a meal?

Good/Positive



Preserve memories

Share with others

Make food taste even better

Sense of community belonging

Promoting industry transparency and progress

Bad/Negative

Loss of food flavour

Neglecting underlying ingredient health concerns while prioritising trendy restaurants

Eating distractedly is not good for health/'illusion meals'

Loss of autonomy

"Another valuable form of connection?"

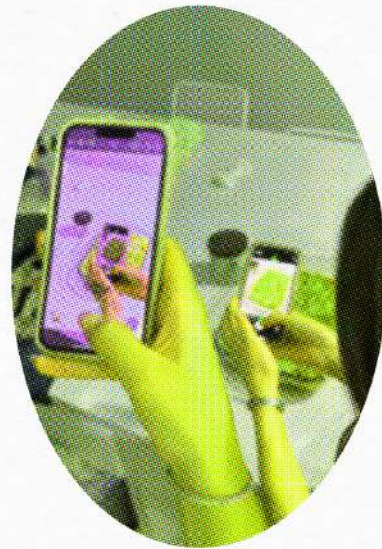
References



Food porn, image © BurtonNitta







How do electronic devices alter the rituals of tasting and experiencing food during a meal?



Iced drinks: sharp

Social media interface

Highly saturated tones, beautifully refined images that have been 'processed'



'Fake' social media interface

Photo Retouching Steps - Ritual Process

Actual ingredients

Shooting duration and number of shots

Equipment details and purpose of taking photos

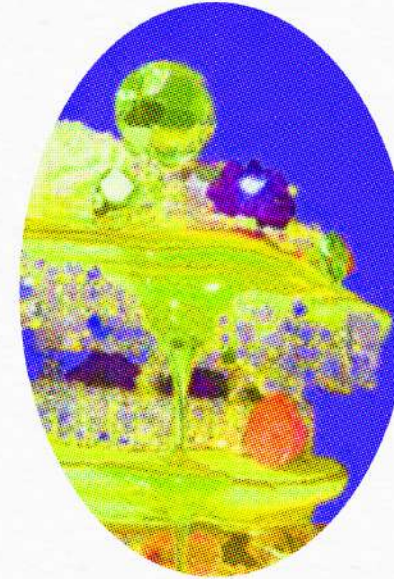
After a "long" period of mobile phone use, the iced drink had warmed up.



Ingredients that appear 'expensive', but...



A symbol of status and refined living

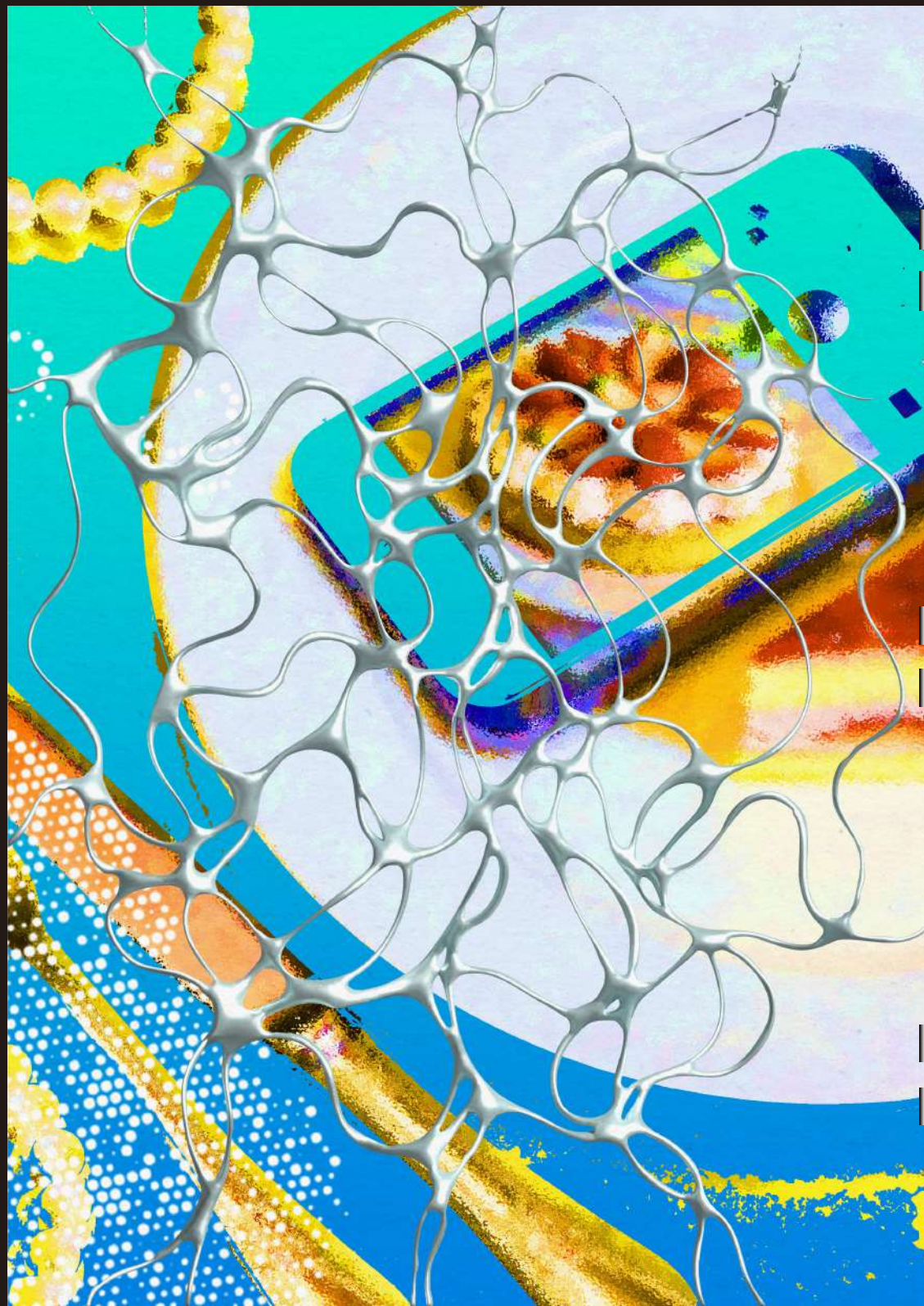


What are you consuming—images or food?

In our times, the ritual of eating is being redefined. The mobile phone at the table is no longer merely a tool; it has become a powerful participant, splitting a meal into two parallel realities: one a digitally staged performance meticulously crafted to be viewed and liked; the other a physical reality neglected and deprived of sensory engagement.

This booklet explores the duality of this digital ritual by placing the perfection of the "front stage" alongside the truth of the "backstage". We may sacrifice the warmth of the food, its texture, and our genuine connection to the present moment, but we may gain memories to preserve and joy to share.





Electronic devices have not merely “disrupted” the ritual of eating, but reconfigured it. I feel this booklet does not provide answers, but invites the audience to look at their own behaviour.