

Dialogue

1. How can private, personal experiences be transformed into work with public value?

By identifying universal elements—such as shared objects—that resonate with others while preserving the specificity of personal stories. Instead of explaining every detail, organise abstract, fragmented experiences into a visual language of patterns and connections, allowing audiences to find their own entry points. Stylistic variation can help represent differences across generations or perspectives.

2. How can a complex project structure be organised to reflect layered ideas?

By weaving multiple interconnected narrative threads around a central theme. For example, a main thread could focus on “eating rituals,” while secondary threads explore individual objects, generational differences, or daily rhythms. When interlaced, these threads create a coherent, multi-perspective narrative that mirrors the complexity of lived experiences.

3. What role do rituals play in understanding culture and identity?

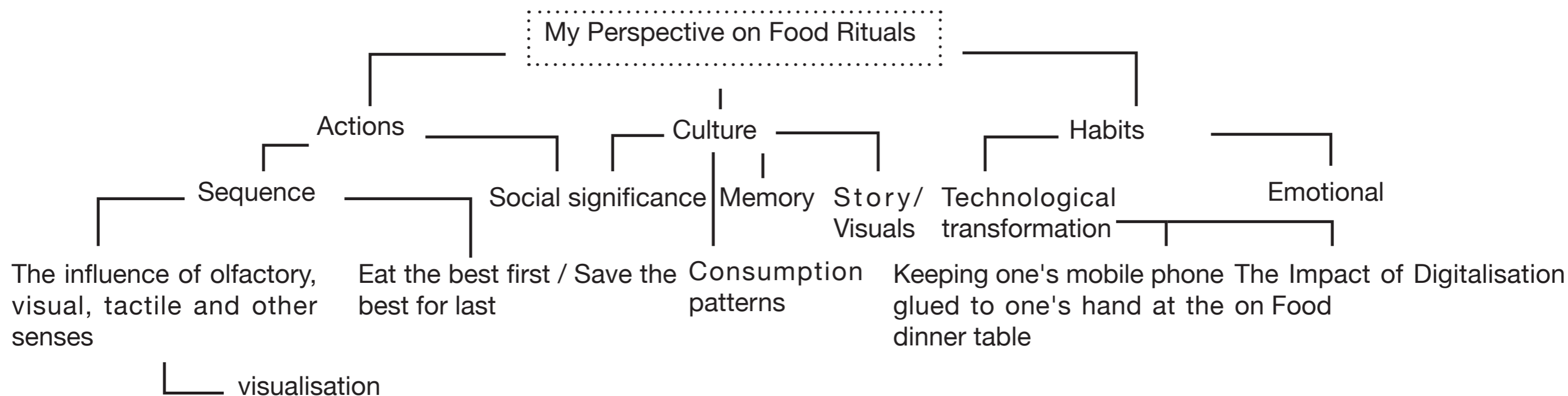
Rituals act as entry points into deeper explorations of generational and cultural dynamics. Rather than focusing narrowly on “breakfast” as a subject, the project should examine the tangible, physical gestures and objects involved in these rituals, revealing how they shift across time, technology, and social contexts.

Further reflection

Through conversations with these two tutors, I realised I wish to focus more on food/eating rituals rather than gestures, family, and other too personal things.



HOKO Studio's work has provided me with considerable inspiration. They explore the implicit conditions embedded within everyday objects such as socks, eggs, and cups. This series of publications investigates the tangible and intangible conditions and sensations that humans remain unaware of when interacting with objects and their surroundings.



Research



"While the use of plates has long since settled comfortably in our everyday...not especially during one dominated by presumptuous conversations around magnificent tableware that exists only to impress... "

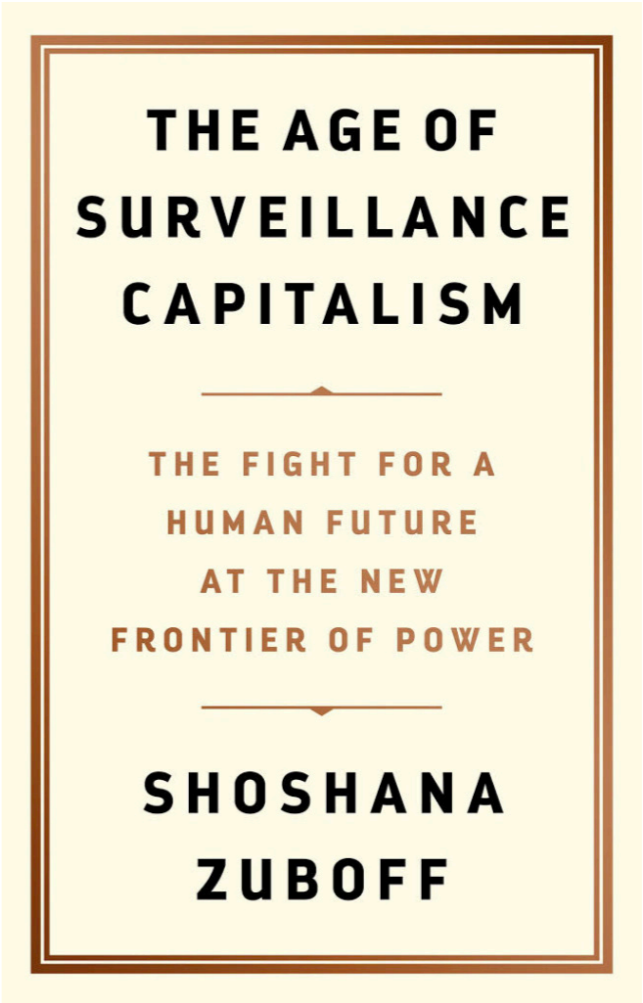
Plates often carry social or symbolic value (decoration, prestige, impressing others) rather than purely functional value.

presumptuous conversations around magnificent tableware that exists only to impress the shallow

“Once the data is extracted, the device ceases to serve you — you become the product.”

“The goal of surveillance capitalism is not only to know our behavior but to shape it, to produce certainty.”

Imagine technology dictating what you eat, when you eat, and how you eat.



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THE WAY WE EAT NOW

**strategies for eating in
a world of change**

**'BEE WILSON IS FEARLESS,
RIGOROUS AND COMPASSIONATE'
DIANA HENRY**

“Our meals are shaped by a strange mix of abundance and anxiety.”

There is a rise in “phantom meals”: food consumed without conscious attention, such as mindless snacking or eating while scrolling.

The paradox of modern abundance: The act of eating has shifted from communal joy to individual stress.